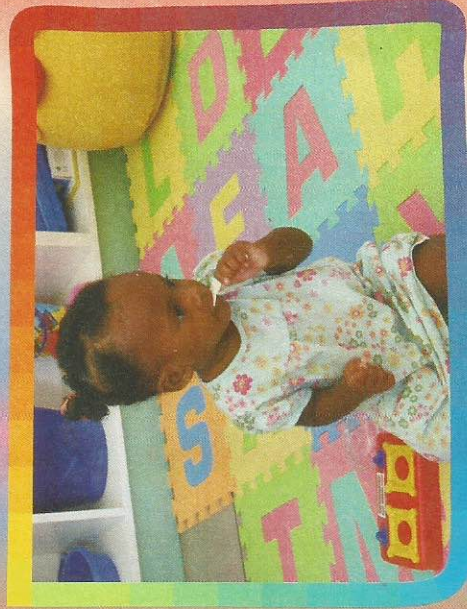




After the rain ,
the sun must shine!

What do Early Childhood Mental Health Problems Look Like?

Early Detection
for Early
Intervention



Early Childhood Intervention Centre

For more information contact:

Early Childhood Intervention Centre
English River Health Centre
Tel: 388071 / 388584



Ministry of Health and Social Development, 2009

When things go wrong.....

For most babies and young children, social and emotional development unfolds in fairly predictable ways.

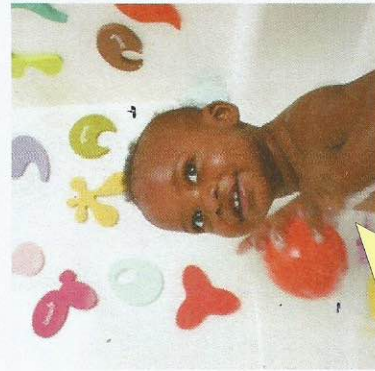
They learn to develop close relations with family members and other caregivers;

They learn to regulate their emotions and soothe themselves if they are upset;

They learn to share an play with other children;

And they learn to listen and follow directions.

These signs indicate positive early social and emotional development.



All I want to do is learn and be happy and safe always

Why do some children develop differently?

Due to biological, relationship-based, and/or environmental risk factors, some young children do not develop healthy social and emotional skills and can experience mental health problems.

When can things go awry?

As early as the first year of life, some infants demonstrate significant behavioural or emotional problems—this may be evidenced by:

- poor weight gain;
- slow growth;
- recurrent vomiting;
- constipation;
- overall delayed development;
- inconsolable crying;
- excessive biting;
- kicking and hitting;
- flat affect (no expression, no emotions);
- feeding and sleep problems.
- older toddlers and pre-schoolers may demonstrate
- aggressive or impulsive behaviour,
- impulsive behaviour,
- defiance, and
- over activity.

In addition, young children can experience depression, grief and disorganization in response to trauma, maltreatment and loss.

If you feel your child or the child you care for has problems....

You are not alone.....

Help is only as far as your nearest Health Centre.

See your Child Health Nurse and provide details of the problem and request a referral to the Early childhood Intervention Centre.

We are here to help you and your child in any way we can.