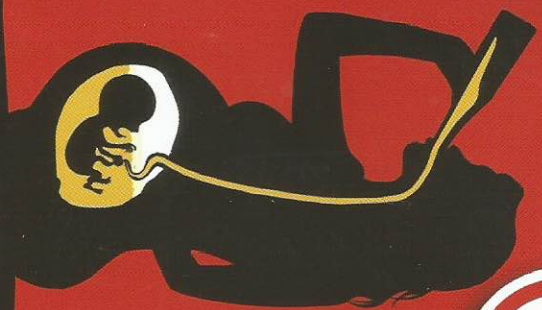


A note for our teacher

Teach skills in the context in which they are to be used as FAS students have difficulties in transferring skills



FAS is 100% preventable. Avoid alcohol while planning a pregnancy and during pregnancy.



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Foetal Alcohol Syndrome

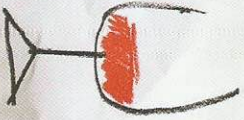
How much do you know?



What Foetal Alcohol Syndrome?

Foetal Alcohol Syndrome (commonly known as FAS) is the name given to a pattern of physical and mental birth defects caused by alcohol drinking during pregnancy.

During pregnancy, one drink can be too many.



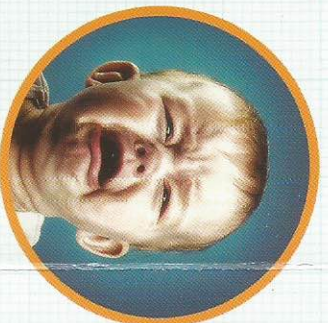
IS FAS NEW?

- For centuries mankind has suspected the drinking alcohol during pregnancy can harm the unborn child
- The ancient Greek philosopher Aristotle observed that the children of drinking women were "morose and languid"
- Modern research have now confirmed that drinking alcohol during pregnancy is dangerous to the developing baby.

What are some of the Problems?

Infancy

Irritable and may cry a lot, highly susceptible to illness, sensitive to sights, sounds and touch, problems with bonding, erratic sleep patterns.



Daycare and creche

Poor motor coordination, short attention span, does not respond well to change, sleep disturbance prone to temper tantrums, prone to non-compliance.



Primary School

Learning skills impaired, difficulty with fine motor skills, poor peer relationships, problems with retaining information, exists in the here and now, lacks an internal time clock.

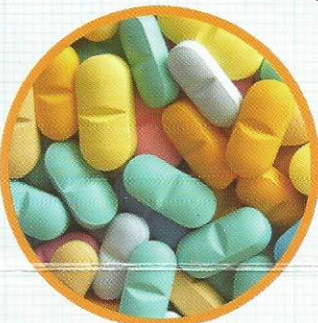


Adolescence

Behavioural problems, impulsive and lack inhibition, difficulty in showing remorse, clinical depression, time management issues, money management issues.

Adulthood

Difficulty in holding down jobs, may be unable to live independently, continued drug or alcohol use, poor social skills.



How do I deal With a FAS Child?

Structure

Children with FAS prefer a structured environment which includes choices within clear and predictable routines

Supervision

Children with FAS require careful supervision as their understanding of dangers and boundaries are impaired

Simplicity

Offer simple directions and orders stated briefly in simple language that you know the child understands

Steps

Break down tasks into small steps and teach each step through repetition and a reward system.

